



# Sibley-Ocheyedan Generals

Amie Elser, Activities Director

[aelser@thegenerals.org](mailto:aelser@thegenerals.org)

(712) 754-3601 Ext. 242

(712) 461-1720 - cell

## 2021 Sibley-Ocheyedan High School Cross Country Invitational

Welcome to the Sibley-Ocheyedan Cross Country Invitational. We look forward to your participation this year.

**Date & Time:** Tuesday, September 7, 2021 -- 4:30 pm

**Location:** Sibley Golf & Country Club - South of S-O High School. Head south off of county road A-22 and follow 11th Avenue south past the Aquatic Center. Turn left just before the old concrete plant. Follow the black top road around the pond to the country club and park just north of the pond.

**Time Schedule (Approx):**

Jr. High Girls	4:30 -- 2 mi -- unlimited runners
Jr. High Boys	4:45 -- 2 mi -- unlimited runners
JV Girls	5:00 --3.1 mi (5K) -- unlimited runners -- count 5
JV Boys	5:30 --3.1 mi (5K) -- unlimited runners -- count 5
Varsity Girls	6:00 --3.1 mi (5K) -- run 7 -- count 5
Varsity Boys	6:30 -- 3.1 mi (5K) -- run 7 -- count 5

**Scheduled Schools:** Akron-Westfield, Alta-Aurelia, Adrian/Ellsworth, Boyden-Hull/RockValley, George-Little Rock/Central Lyon, Harris-Lake Park, Hartley-Melvin-Sanborn, Hinton, MVAO, Marcus-Meriden-Cleghorn-Remsen Union, Remsen St. Mary's, Sheldon, Sibley-Ocheyedan, Sioux Center, South O'Brien, Trinity Christian, West Lyon, West Sioux, Western Christian

**Scheduled schools are invited to bring their Junior High teams to compete.**

**Awards/Medals:** JV Boys -- Top 10                      JV Girls -- Top 10  
Varsity Boys -- Top 20                      Varsity Girls -- Top 20  
\*Awards will be given to teams before they depart and official results will be emailed out to the coaches or AD's on the evening of the race.

**Rosters:** Coaches will no longer need to email rosters. Instead, go to [xc.screlays.com](http://xc.screlays.com) and choose your school from the drop down menu. Enter the password: **xc2021**. Please enter your team info and athlete roster, including middle school runners. Bib numbers will be assigned to ALL runners. Please check the box for your VARSITY runners. You do not need to include seed times. Please have your athletes entered on or before **September 6, 2021**.

**Fees:** \$100.00 for both boys and girls high school squads (\$50.00 per high school team, \$10.00 per high school individual if not a full squad) and \$3.00 per junior high individual. Each participant will wear a bib and a foot chip.

**General Info:** Please remind your athletes to stay off the greens and sand traps. Restrooms are available at the Sibley Aquatic Center. Dressing facilities are not available. Pets will not be allowed on the course. No concessions. Coaches and athletes, please return the safety pins and foot chips to the meet manager at the conclusion of the race or meet.

**Important note:** **Bridges are narrow and at an angle, some of the course will be gravel. Spikes are highly discouraged for safety reasons.**

Best wishes,

Amie Elser  
Activities Director  
712-461-1720

Ryan Wiersma  
Head Cross Country



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## **2021 Sibley-Ocheyedan High School Cross Country Invitational**

### ***Box Assignments***

<b>Team</b>	<b>Box Assignment</b>
<b>Akron-Westfield</b>	<b>5</b>
<b>Alta-Aurelia</b>	<b>12</b>
<b>Adrian/Ellsworth</b>	<b>19</b>
<b>BH-RV</b>	<b>1</b>
<b>GLR-CL</b>	<b>7</b>
<b>HLP</b>	<b>11</b>
<b>HMS</b>	<b>4</b>
<b>Hinton</b>	<b>16</b>
<b>MVAO</b>	<b>13</b>
<b>MMCRU</b>	<b>6</b>
<b>Remsen St. Mary's</b>	<b>2</b>
<b>Sheldon</b>	<b>10</b>
<b>S-O</b>	<b>3</b>
<b>Sioux Center</b>	<b>15</b>
<b>South O'Brien</b>	<b>18</b>
<b>Trinity Christian</b>	<b>9</b>
<b>West Lyon</b>	<b>14</b>
<b>West Sioux</b>	<b>17</b>
<b>Western Christian</b>	<b>8</b>